

The Art of Peace

"Adam, I'm a small guy. You want to know how I dealt with the big guys who wanted to bully me?"

The young boy grinned. Uncle Morris used to be known as "Moe the Midget" — the world's smallest professional wrestler.

"Principle number one, relax."

The old man held up a finger.

Adam nodded. "Okay..."

"Number two, keep your distance. Get out of the way."

Adam shrugged. "Sure. Sounds like a good idea."

"Number three, if you can have a secret weapon." Now the old man had three fingers waving in the air.

"Number four, show compassion."

Adam listened intently. "All right. What else?"

The old man counted his fingers and then shrugged. "That's it."

The boy exploded. "That's it?" His voice squeaked a little. "You're not going to show me a pile driver or a reverse suplex or something?"

Again, Uncle Morris shrugged. "Adam, those techniques take time to learn. You've got to deal with this bully tomorrow. Remember the rules, and you'll be fine. Let's play cards."

For his part, Adam wasn't so sure...

— adapted from *"The Bully and The Shrimp"*

by Mark Binder from *"The Art of Peace Program"* and in *Cricket Magazine*

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“Stories do more than teach and engage the imagination. They can inspire change and transform lives.”

—*Mark Binder*



a 45 or 90 minute program

- helps students understand the nature of conflict
- teaches ways to deal with upsets and problems
- creates new options for action and resolution

Mark Binder is an **award-winning** author and storyteller, and holds a third-degree black belt in Aikido, the martial art for peace.

To schedule an event or for more information about this and Mark's other programs visit **www.markbinder.com**